



SALLISAW PUBLIC SCHOOLS

Liberty Elementary School

Breakfast and Lunch Menu

January 2022



Available to First, Second and Transition: Turkey and Cheese Sandwich, Vegetable, Fruit and Milk

Sack Lunches Not Available

Breakfast and Lunch are served daily with variety milk choice.

Monday	Tuesday	Wednesday	Thursday	Friday
		<p>Sallisaw Public Schools is proud to announce that breakfast and lunch will be served free to all students at Liberty, Eastside Sallisaw Middle School and Sallisaw High School for the 2021-2022 school year.</p>		
3	4	5	6	7
Breakfast Pizza Fruit Juice, Milk	Donuts Fruit Juice, Milk	Pancake on a Stick Fruit Juice, Milk	Biscuits and Gravy Sausage and Fruit Juice, Milk	Cereal and Toast Fruit Juice, Milk
Hamburger Tator Tots Fruit Cookie Milk	Macaroni and Cheese Green Beans Fruit Milk	Roasted Chicken Mashed Potatoes Hot Roll Fruit Milk	Beef Taco Refried Beans Chips and Salsa Fruit Milk	Pepperoni Pizza Baby Carrots Fruit Pudding Milk
10	11	12	13	14
Sausage Biscuit Fruit Juice, Milk	Yogurt and Grahams Fruit Juice, Milk	Waffles Fruit Juice, Milk	Biscuits and Gravy Sausage and Fruit Juice, Milk	Cereal and Toast Fruit Juice, Milk
Chili Dog Baked Beans Fruit Milk	Vegetable Beef Soup w/ Crackers Cheese Stick Fruit Cinnamon Roll Milk	Chicken Nuggets Mashed Potatoes Hot Roll Fruit Milk	Burrito Spanish Rice Chips and Salsa Fruit Milk	Meatball Sub Sandwich Potato Chips Fruit Salad Bar Milk
17	18	19	20	21
NO SCHOOL	Funnel Cake Fruit Juice, Milk	Blueberry Bread Fruit Juice, Milk	Biscuits and Gravy Sausage and Fruit Juice, Milk	Cereal and Toast Fruit Juice, Milk
	Chicken Spaghetti Green Peas Breadstick Fruit Milk	Scrambled Eggs Sausage Links Hashbrown Toast Fruit and Milk	Beef Nachos Refried Beans Salsa Fruit Milk	Cheese Pizza Baby Carrots Fruit Jello Milk
24	25	26	27	28
Breakfast Pizza Fruit Juice, Milk	Cinnamon Toast Fruit Juice, Milk	French Toast Sticks Fruit Juice, Milk	Biscuits and Gravy Sausage and Fruit Juice, Milk	Cereal and Toast Fruit Juice, Milk
Corn Dog Potato Wedges Fruit Milk	Chili Beans Crackers Peach Cobbler Milk	Chicken Fried Steak Fingers Mashed Potatoes Hot Roll Fruit Milk	Spaghetti Pizza Green Beans Fruit Milk	Fish Sticks "Fried" Potatoes Black-Eyed Peas Fruit Milk

Menu Subject to change according to availability of product

This institution is an equal opportunity provider.